

Ages

Prepubertal: peds specialties vs Dr. Simms Cendan
 Alyssa Grundon, Dr. Cielo Gnecco, OHPA OB/GYN: ages 12 and up
 Drs. Christine Greves & Patricia Arroyo: ages 16 and up

Period Associated Problems	Ambulatory	Inpatient/ED/Surgery	Comments
Irregular periods (infrequent or too frequent)	Alyssa, Dr. Carreno-Rijo, OHPA, Dr. Gnecco	n/a	
Heavy Periods (Heavy flow)	Alyssa, OHPA, Dr. Gnecco	WPH Hospitalist/Peds heme	Heme-GYN Clinic (adolescent medicine to do with heme)
Heavy Periods with an underlying bleeding disorder	Alyssa	WPH Hospitalist/Peds heme	
Dysmenorrhea (painful periods)	Alyssa, OHPA, Dr. Gnecco	WPH Hospitalist	
Primary Amenorrhea (Never had a period)	Peds Endocrine	n/a	refer to Dr. Velazco for obstructive outlet anomaly
Secondary Amenorrhea (Periods stopped)	Alyssa, Dr. Carreno-Rijo, OHPA, Dr. Gnecco	n/a	
PCOS (Polycystic Ovarian Syndrome)	Alyssa, OHPA, Dr. Gnecco, Resident Clinic, Peds endocrinology	n/a	
Endometriosis	OHPA, Dr. Gnecco	MIGS	
Oncofertility (fertility considerations in patients with cancer)	none	none	Referral to UF for ovarian tissue cryopreservation, other fertility options counseling- refer to Center for Reproductive Medicine
PMS/PMDD (pre menstrual syndrome/dysmorphic disorder/mood problems with periods)	Alyssa, OHPA, Dr. Gnecco	n/a	
Menstrual Migraines (Headaches with period)	Alyssa, OHPA, Dr. Gnecco	n/a	

Menstrual Suppression (Generally Special Needs)	Ambulatory	Inpatient/ED/Surgery	Comments
Menstrual Suppression- Developmental Delay	Alyssa	n/a	IUD under sedation- OHPA, Dr. Gnecco
Menstrual Suppression- Complex Cardiac History	Alyssa	n/a	IUD under sedation- OHPA, Dr. Gnecco
Menstrual Suppression- Cancer	OHPA, OHPA, Dr. Gnecco	n/a	IUD under sedation- OHPA, Dr. Gnecco
Menstrual Suppression- Catamenial Seizures	Alyssa	n/a	IUD under sedation- OHPA, Dr. Gnecco

Birth Control and STI concerns	Ambulatory	Inpatient/ED/Surgery	Comments
Contraception	Alyssa, Dr. Carreno-Rijo, OHPA, Dr. Gnecco	n/a	
IUD insertion	Alyssa, OHPA, Dr. Gnecco	n/a	
IUD removal	Alyssa, OHPA, Dr. Gnecco	n/a	
Nexplanon Insertion	Alyssa, Dr. Carreno-Rijo, OHPA, Dr. Gnecco	n/a	
Nexplanon Removal	OHPA, Dr. Carreno-Rijo, Dr. Gnecco	n/a	
STI (sexually transmitted infections)	Alyssa, OHPA, Dr. Gnecco	n/a	
PID (pelvic inflammatory disease)	OHPA, Dr. Gnecco	WPH Hospitalists	
TOA (tubo-ovarian abscess)	OHPA, Dr. Gnecco	MIGS vs WPH Hospitalists	
Vaginal Discharge	Alyssa, OHPA, Dr. Gnecco	n/a	
Sexual Abuse	N/A	n/a	Needs to be initially evaluated by APH Child Protection Team

Skin/Vulvar or Prepuberty Concerns	Ambulatory	Inpatient/ED/Surgery	Comments
Lichen Sclerosus	none	none	Advent Health peds derm
Labial Adhesions	Peds urology	Peds urology	
Vulvar Eczema	none	none	Advent Health peds derm
Vulvar Psoriasis	none	none	Advent Health peds derm
Prepubertal nonspecific vulvovaginitis	none	none	Advent Health peds derm vs peds PCP
Vulvar strep/impetigo	none	none	Advent Health peds derm
Prepubertal vaginal discharge	none	none	peds PCP vs Dr. Simms Cendan
Prepubertal bleeding	Peds Endocrinology for labs	Dr. Velazco for vaginoscopy if labs are normal	
Vulvar Abscess	OHPA, Dr. Gnecco	OHPA, Dr. Gnecco, Resident Clinic	
Bartholin gland cyst/abscess	OHPA, Dr. Gnecco	OHPA, Dr. Gnecco, Resident Clinic	
Concern for Labial Hypertrophy (oversized labia)	OHPA, Dr. Gnecco	OHPA, Dr. Gnecco	Surgery not advised by ACOG <18yo unless labia >6cm with symptoms

Congenital Anomaly	Ambulatory	Inpatient/ED/Surgery	Comments
MRKH			Dr. Simms-Cendan or other PAG based on location
Distal Vaginal Agenesis	Peds Surgery- Cristine Velazco	Peds Surgery- Cristine Velazco	
OHVIRA	Peds Surgery- Cristine Velazco	Peds Surgery- Cristine Velazco	
Longitudinal Vaginal Septum	Peds Surgery- Cristine Velazco	Peds Surgery- Cristine Velazco	
Transverse Vaginal Septum	Peds Surgery- Cristine Velazco	Peds Surgery- Cristine Velazco	
Hymenal Anomalies	OHPA, Dr. Gnecco	Peds Surgery- Cristine Velazco	
Cloacas	Peds Surgery- Cristine Velazco	Peds Surgery- Cristine Velazco	

Peds Endocrinology or Urology Overlap	Ambulatory	Inpatient/ED/Surgery	Comments
Primary Amenorrhea	Peds Endocrine	n/a	refer to Dr. Velazco for obstructive outlet anomaly
Hormone Replacement Therapy- Primary Ovarian Insufficiency	Peds Endocrine	n/a	
Hormone Replacement Therapy- Turner Syndrome/Chromosomal Disorders	Peds Endocrine	n/a	Peds endocrine will monitor other co-morbidities with Turners
Prepubertal bleeding	Peds Endocrinology for labs	Dr. Velazco for vaginoscopy if labs are normal	
Urethral prolapse	Peds urology	n/a	
Precocious Puberty	Peds Endocrine	n/a	
Hirsutism	Peds Endocrine	n/a	
Labial Adhesions	Peds Urology, Peds Surgery	Peds urology, Peds Surgery	

Ovary Issues	Ambulatory	Inpatient/ED/Surgery	Comments
Ovulation Suppression	Alyssa, OHPA, Dr. Gnecco	n/a	
Ovarian Masses- Surgery	Peds Surgery	Peds Surgery	
Ovarian Masses- Surveillance Imaging	OHPA, Dr. Gnecco	n/a	
Torsions	n/a	Peds Surgery	

Breast Concerns	Ambulatory	Inpatient/ED/Surgery	Comments
Breast Masses	OHPA, Dr. Gnecco, Peds Surgery	Peds Surgery	
Nipple Discharge	OHPA, Dr. Gnecco, Peds Endo	n/a	PCP should draw prolactin level (if elevated- peds endo), review med list
Mastalgia (breast pain)	OHPA, Dr. Gnecco	n/a	

Helpful Pag Links/Contacts

PAG Patient Handouts	Health Guides – Center for Young Women's Health (youngwomenshealth.org) NASPAG Patient Handouts
Pediatric Obesity	https://www.arnoldpalmerhospital.com/pediatric-specialties/healthy-lifestyles-program-aph Pediatric Bariatrics Department of Pediatrics College of Medicine – Jacksonville University of Florida (ufl.edu)
APH Child Protection Team	The Child Protection Team (arnoldpalmerhospital.com)
Heavy Periods/Bleeding Disorders	Bleeding Disorders Clinic (arnoldpalmerhospital.com)
University of Miami PAG (Dr. Simms Cendan)	Pediatric and Adolescent Gynecology University of Miami Health System (umiamihealth.org)
Emory/CHOA PAG (Dr. Sokkary)	Pediatric Gynecology Children's Healthcare of Atlanta (choa.org)
USF PAG (unclear of her scope but has practice designation, not fellowship trained)	Dawn Palaszewski, MD Faculty USF Health
Winter Park (unclear of her scope but has practice designation, not fellowship trained)	OUR PROVIDERS Alliance OBGYN Group

PAG Providers Across the Country

[Dr. Simms-Cendan with University of Miami Health System; https://doctors.umiamihealth.org/provider/Judith+Seline+Simms-Cendan/1947932; office number 305-243-4960](https://doctors.umiamihealth.org/provider/Judith+Seline+Simms-Cendan/1947932)

- Dr. Nancy Sokkary at Emory/CHOA
- Dr. Kim Hoover, Dr. Janeen Arbuckle, Dr. Blair Lacy at UAB- Birmingham
- Dr. Jennifer Dietrich, Dr. Olivia Winfrey at Baylor/Texas Children's Hospital
- Dr. Jason Jarin, Dr. Rupa DeSilva at UT Southwestern- Dallas
- Dr. Noor Zwayne at UT Austin/Dell
- Dr. Marc Laufer (has a FL medical license), Dr. Frances Grimstad, Dr. Jessica Shim, Dr. Danielle Cipres at Boston Children's Hospital
- Dr. Lesley Breech at Cincinnati Children's Hospital
- Dr. Alison Mayhew at Children's National Hospital in DC
- Dr. Whitney Wellenstein in Norfolk, VA
- Dr. Nichole Tyson at Stanford
- Dr. Ashli Lawson at Children's Mercy in Kansas City
- Dr. Alla Vash, Dr. Anne Smith at Yale
- Dr. Amy Williamson at Phoenix Children's Hospital
- Dr. Katherine Hayes, Dr. Krista Childress at University of Utah
- Dr. Erin Fee in Los Angeles
- Dr. Lisa Moon at University of OK in OKC
- Dr. Maggie Dwiggin in Louisville, KY
- Dr. Shashwati Pradhan at University of Chicago
- Dr. Geri Hewitt at Nationwide Children's Hospital
- Dr. Monica Rosen at University of Michigan
- Dr. Kathryn Stambough at Arkansas Children's Hospital
- Dr. Kylie Fowler at Children's Minnesota
- Dr. Veronica Alaniz, Dr. Leslie Appiah at University of Colorado
- Dr. Beth Schwartz at Thomas Jefferson in Philadelphia